

#### U.S Embassy London Kids Newsletter

Issue 6

## The South

#### What?

"The South" is a unique region of America. It has a long history and strong culture that includes southern food, music and famous southern accents. Traditionally, southerners grew tobacco, rice, sugarcane, and cotton because of the warm and wet weather. In recent years, the south has grown richer from oil, technology and finance. Four of the last five Presidents have come from the south.

### Who?

North and South Carolina, Alabama, Arkansas, Florida, Georgia, Louisiana, Mississippi, Tennessee, Texas and Virginia are all southern states.



#### Where?

These states are in the South Eastern USA. "The South" existed long before the South Western states became part of America!

## Chow down time

Good home cooking is an important part of southern culture. Popular southern dishes include barbeque, chicken-fried steak, smothered pork chops and sweet iced tea. Rice, corn and fresh seafood are favorite ingredients. Some Americans have given southern food the nickname "soul food", good for your soul but not always good for your health! Ask a grown-up to help you make this tasty southern pie.



For the crumb crust base: 100g digestive biscuits

50g butter, melted

For the filling: 400g plain chocolate

225g butter

2 tbsp instant coffee 2 tbsp boiling water 300ml oz single cream 350g muscovado sugar

6 eggs

To Finish: 150ml whipping cream

- 1. Preheat the oven to 190C/375F/Gas5. Lightly grease a 20cm/8in loose-bottomed cake tin.
- 2. Make the base. Mix together the crushed digestive biscuits, the butter and the sugar and spoon into the tin. Level the biscuit mixture out.
- 3. Make the filling. Measure the chocolate, butter, instant coffee and water into a pan and heat until the butter and chocolate have melted. Beat in the cream, sugar and eggs and then pour the mixture on to the biscuit crust.
- 4. Bake in the preheated oven for 1¼ hours until the filling is set. Allow to cool, then decorate top with the whipped cream.

# The Gwi War

The American Civil War started in 1861 and ended in 1865. It was a war of north against south.

The two sides disagreed about slavery. Southern states kept slaves, but the northern states said that keeping slaves was wrong. When the two sides could not agree, eleven southern states left the USA and formed "The Confederate States of America".





After four years of war, the northern states defeated the southern *Confederate States of America*. After the war, America once again became the *United States*. Georgia was the last state to rejoin the USA in 1870. During the civil war, the leader of the USA (the north) was President Abraham Lincoln. He was the tallest ever President, 6ft 4inches.

### Dance to the music



The south is famous for its music. Rhythm and blues, country, jazz, gospel and rock n' roll all come from the south. Memphis in Tennessee is the birthplace of rock n' roll and was home to Elvis. Nashville Tennessee is the global center of country music and New Orleans in Louisiana is the home of jazz.

Would you recognize the sound of each these types of music?

### **Irritans**

Have you ever seen a news story about hurricanes in America? American hurricanes often strike in the south. Hurricanes are very powerful storms with winds of at least 74mph. The strongest recorded American hurricanes have winds close to 200mph!



Hurricanes form over the warm oceans near America's southern states. When they come onto land from the ocean they bring heavy rain and strong winds, damaging buildings trees, cars and people.



All hurricanes are given names as they move across the ocean. Since 1979, hurricanes have had boys and girls names. Hurricanes only had girls names before 1979. Hurricanes in the Atlantic Ocean can have French, Spanish or English names. The names of very powerful hurricanes are only used once. Here are some of those names:

Allison, Andrew, Bob, David, Diana, Diane, Donna, Hattie, Jane, Joan, Keith and Michelle

### Do you see your name? What name would you give to a hurricane?

- Hurricane winds always blow anti-clockwise
- ❖ Hurricane comes from a Mayan word, Hurakan. The Mayans were an ancient people who lived in Central America
- ❖ In 2005, Hurricane Katrina was the most destructive and costly disaster in the history of the United States